Preventing Falls Together- Project Summary

Project Name: Falls Prevention Home Visit Program

This will be a three year Pilot Project for Seniors of Pictou County from April 1, 2007 to March 31, 2010.

Project Summary:

The Pictou County Falls Coalition agreed that the Pictou County Municipalities Crime Prevention Association will be the sponsoring body to operate and develop this project, with Pictou County Falls Coalition as an advisory Group.

<u>Home Visits</u> – Inside & out (seasonal), only making recommendations for falls prevention. Referrals to other community resources can be suggested / offered.

<u>Measured Outcomes</u> – evaluations, reductions in falls, hospital admissions, deaths due to falls/number of people reached, number of visits. Office will be located at the site of the Seniors' Safety Coordinator. Funding is required to assist with costs of computer/ phone / office supplies / printed materials / communications

Development of Project:

Year 1: Coordinator works 16 hours a week (2 days)

Duties: Home Visits- awareness & education, data collection, referrals to partners

<u>Year 2:</u> Training – volunteers (4-6) will be sought with help of support organizations. Duties: home visits (education & awareness); data collection; referrals; report to coordinator.

Year 3: Continue activities and evaluate

Supporting organizations:

- Pictou County Falls Prevention Coalition
- VON Pictou County
- Pictou County Care Givers
- Pictou County Municipalities Crime Prevention Association
- Pictou County United Way
- Pictou County Help Line
- Pictou County Health Authority

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