

## Preventing Falls Together-Project Summary

Project/Activity Name: **PFT Community Integration**

Developing Coalition: Halifax Regional Municipality (HRM)

### Summary

Coalition members have successfully integrated PFT information into the activities and programs of partner and community organizations. This is an ongoing effort, and comprises many different activities, organizations and materials. Some examples of activities to date include:

**Presentations:** QEII OT presentation to public – Falls Prevention

### **Newsletter articles:**

Veterans Affairs – Sheilegh MacQuinn  
Chebucto Links - Valerie Connors  
Metro Housing  
Eastern Shore CHB – Cathy Leslie

**Radio :** Alex Handyside

**PSA:** Northwood Community Station NWBC

**Workplace:** Capital Health Falls Clinic

**Information:** PFT info provided for “Caregivers in the Workplace” presentation.

**Integrating established products:** Chebucto Links proposal to NS Dept. of Energy regarding the use and distribution of night lights as a falls prevention measure. This has become a provincial program to accompany falls prevention presentations.

**Churches:** Chebucto Links is located and runs various programs in community churches, incorporating falls prevention information and practices in its programming.

PFT Staff Contact

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