

-E-Bulletin- Volume 2 no. 1 January 2006

Highlights:

- Member of the Month:

Congratulations to Dartmouth Seniors' Centre!

The Centre is celebrating its 30th year of operation. Community Links board member Leo Poirier is an active member of this group.

- **Community Links' has a new office and phone number.** We have moved downstairs to Suite 201 at 5516 Spring Garden Road. Our new phone number is **422-0914**. We will have a new FAX number by February 1, 2006. Our mailing address remains the same.

Notes:

- We are in the process of making further changes to our website, and we welcome your comments.
- The theme of our first newsletter for 2006 is "Seniors and Fitness". We welcome your submissions.

Opportunities and Resources:

- Seniors and low-income Nova Scotians can now apply for the Keep the Heat program. The program offers up to \$250. Application forms can be picked up at Access Nova Scotia, MLAs' and Community Services Department offices, by visiting www.gov.ns.ca or by calling 1-800-670-4357.
- You can get involved in UNESCO's Adult Learning week scheduled for April 1-8, 2006, by attending an afternoon planning meeting on February 1, 2006 at 1:45 at the Westin Hotel in Halifax. Contact Metro Council on Continuing Education at (902) 461-2554 for more information. Everyone welcome.

- A seminar on Government Funding for Non Profit Organizations will be held Monday, January 30, 2006 From 8:45 to 11:45 am at Cambridge Suites in Halifax. Cost is \$75 plus GST. For more info, please call Flagship Solutions at (800) 530-0423, fax your form to (613) 562-1779 or send an email to info@flagshipsolutions.ca

- Nova Scotia CVI (Canada Volunteerism Initiative) has a newly designed website to connect and inform Nova Scotia's volunteers and their supporters. Visit it at www.novascotianetwork.org Community Links is Co-Host (with Recreation Nova Scotia) for CVI in Nova Scotia.

- Seniors and Taxes: With tax time approaching, Community Links has prepared a fact sheet on tax tips for seniors. Contact us to receive this handy reference.

Events:

- Upcoming Community Links members' meetings are:

District 9 HRM-Tuesday, January 24th at the United Way Boardroom, 46 Portland Street, Dartmouth

District 4 East Hants - January 25th at the Sobeys Community Room, 985 Prince St. Truro.

District 1 Lunenburg-Queens January 27th at the South Shore Regional Hospital, Lecture Room 1, Third floor

All meetings are from 9:30 am to 2:30 PM. Included in these meetings will be lunch and a mini-workshop on Volunteer Recruitment and Retention. Contact us for more info.