

Preventing Falls Together -Project Summary

Project Name: **Stair Safety**

Developing Coalition: Guysborough County

Time Frame: 2006

Project Summary:

Coalition members recognized that falls occur on stairs and that there are ways to make stairs safer for seniors. Members identified buildings with stairs used by seniors in their communities. Members purchased brightly coloured paint, made templates and painted the edges of stairs in their churches. One organization installed no slip sheeting on the surface of their exterior stairs.

Notes and Tips:

- The places approached were very pleased with the suggestion and welcomed the assistance.
- Organize a community falls prevention day and with the help of volunteers make the “downtown” are more senior-friendly by painting the edges of stairs, removing mats, repairing railings, and conducting checks of the neighborhood and parking areas.

PFT Staff Contact

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